# FINANCIAL COUNSELLING FOR DISASTER RESILIENCE

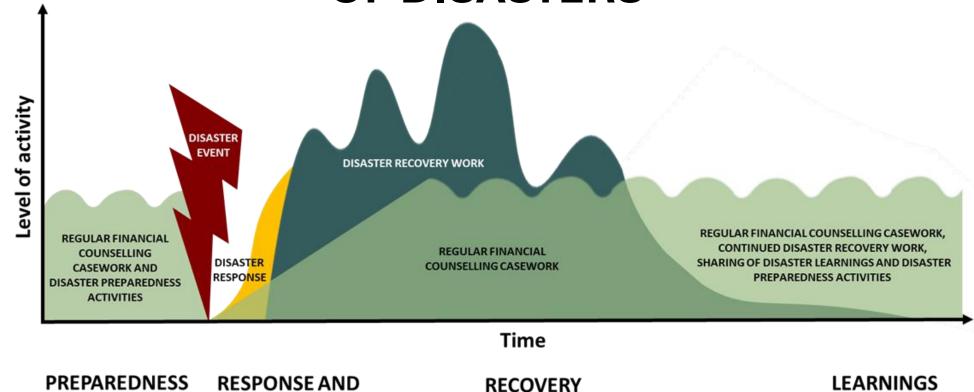
ebal





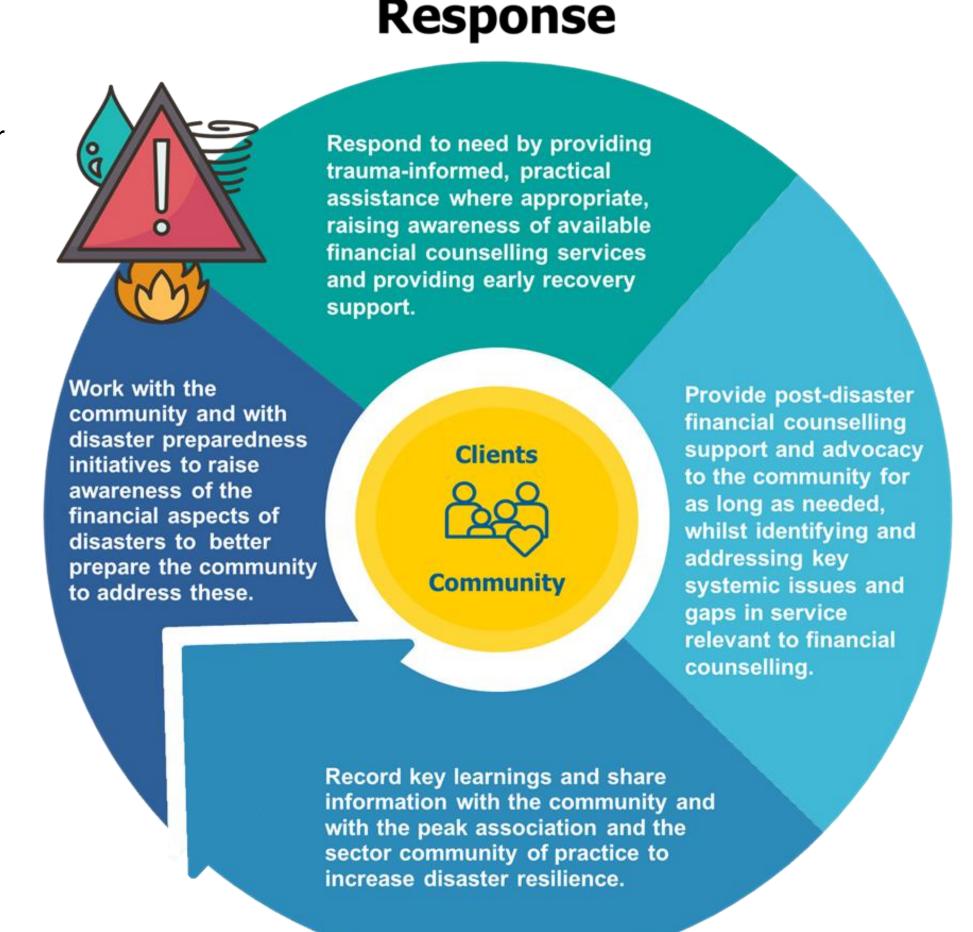
Financial counselling is a free, confidential and independent service provided by qualified professionals, that assists individuals and small businesses in financial difficulty for as long as needed. The purpose of this Framework is to enhance community resilience to disasters. It informs the WA financial counselling sector, and the broader community, on the role that financial counselling plays in disaster preparedness, response and recovery. The Framework provides general guidance for agency managers offering financial counselling services, and for financial counsellors and capability workers. It is also intended to be shared with different organisations so that they can better understand the support that the financial counselling sector can provide in disaster management.

### FINANCIAL COUNSELLING IN THE CONTEXT **OF DISASTERS**



**EARLY RECOVERY** The figure above represents the activities that financial counsellors undertake in disaster preparedness, response and recovery. These change depending on circumstances since each community and disaster event is different. The level of activity is shown in the Y axis, and time is represented in the X axis showing the activities that occur through the various phases of disaster management (from preparedness through to recovery and learnings). The disaster event is depicted as a lightning bolt triggering the response and early recovery phases.

# WA FINANCIAL COUNSELLING DISASTER PREPAREDNESS, RESPONSE AND RECOVERY **FRAMEWORK**



# Learning

### **OUTCOMES**

#### Framework Delivered

Co-designed, practical guide for financial counselling in disaster phases Supports counsellors, agencies, government & emergency services

### Sector Skills Boosted

60+ counsellors trained in disaster response & trauma-informed care Proven increase in confidence, knowledge & coordination

### Community Empowered

Education sessions reached vulnerable regions Boosted financial preparedness & recovery confidence

#### Online Hub Launched

Central access to tools, training & referral pathways Supports fast, informed disaster response

### > Stronger Partnerships

Enhanced collaboration across sectors National advocacy for embedded financial counselling

#### Proven Impact

Independent evaluation confirms effectiveness Foundation for future funding & continuous improvement

#### Identify training and trauma-informed response gaps and needs

**SUMMARY OF ACTIVITIES** 

 Research local natural hazard risks and disaster management in WA Map service delivery capacity, capability, gaps and risks

**Preparedness** 

Work with the community and with

disaster preparedness initiatives to

prepare the community to address

raise awareness of the financial

aspects of disasters to better

WITHIN ORGANISATION

- Undertake agency disaster risk
- Understand local community context and dynamics and vulnerabilities · Build networks with key government
- departments, community organisations and community leaders
- Link in with disaster preparedness initiatives

#### WITH COMMUNITY

- Raise awareness of financial counselling
- Hold community education sessions and financial wellbeing workshops Make resources available to the local
- community Work with clients on disaster preparedness activities, e.g.:
  - document storage insurance matters
  - disaster risk and assessments
  - emergency plans emergency funds

#### early recovery Provide post-disaster financial Respond to need by providing traumacounselling support and advocacy to the community for as long as needed, whilst identifying and addressing key systemic issues and

informed, practical assistance where appropriate, raising awareness of available financial counselling services and providing early recovery support

#### WITHIN ORGANISATION

- Activate emergency plans Link in with FCAWA

**Response and** 

- · Liaise with other services · Activate community networks
- Stay up to date with the latest
- emergency information
- Practice self-care

### WITH COMMUNITY

- · Raise awareness of available
- financial counselling services Work with, and around, external
- Access disaster grants and other entitlements and supports
- Assist with identification, documents and other paperwork
- Provide referrals to other services including legal and mental health Provide trauma-informed psychosocial support as needed

### WITH COMMUNITY

support data

Recovery

- Support community-led recovery approaches
- Work with various organisations Provide financial counselling disaster support to existing and new clients, for as long as needed, e.g.:

gaps in service relevant to financial

Communities and local government

and support available to FCAWA

Coordinate activities with other

Record disaster-related service

Practice ongoing self-care

services, agencies and industry

Provide ongoing updates on recovery

WITHIN ORGANISATION

Liaise with the Department of

- assist with insurance claims;
- access relief for utility bills; · negotiate with banks and creditors on debt issues:
- provide referrals to other services; provide emotional support;
- advocate for clients and follow up to check on outcomes

preparedness

outcomes

Learning

Record key learnings and share

this information throughout the

community and within the

community of practice to

increase disaster resilience.

WITHIN ORGANISATION

and systemic issues

Track operational data and measure

Capture data through different ways

Identify, record and address emerging

- WITH COMMUNITY Communicate and share learnings
- Provide resources and information on
- disaster financial counselling support Partner with various organisations and disaster preparedness initiatives for community education on disaster
- Build capability to better support the community in becoming disaster resilient

### **METHODOLOGY**

The Natural Disaster Financial Recovery Support Project was funded through a Natural Disaster Risk Reduction grant over two years. It was structured into five phases following a Developmental Evaluation approach. In total there were over 200 consultations through interviews, focus groups, yarning circles and surveys across WA and nationally.

Phase 1: Initial sense-making	Phase 2: State- wide financial counsellor survey	Phase 3: Community consultations	Phase 4: Framework refinement; development, delivery and evaluation of training	Phase 5: Feedback on Framework
Expert stakeholder interviews Desktop review	Survey distributed to all financial counsellors in WA (n=155)	3 x disaster- affected case study sites are selected and consulted in- person	Refinement of draft Framework; Development, delivery and evaluation of training sessions	Feedback on the Framework during the annual conference and through interviews with key stakeholders
Semi-structured individual and group interviews (n=38)	Online survey (n=37)	Semi-structured interviews and focus groups (n=65)	Written feedback received from key stakeholders (n=8) on the draft Framework Development and delivery of 4 training sessions Pre- and post- training surveys (n=61)	Conference survey (n=40) Semi-structured individual and small group interviews (n=19)
	Development of Framework, training package for financial counsellors, and online resources hub			
Coursellors, and ornine resources hab				

## **ACCESS THE** FRAMEWORK HERE:

To locate a financia counsellor in your area through an interactive map, use this QR code

financial counsellor at the

National Debt Helpline

Speak directly to a







